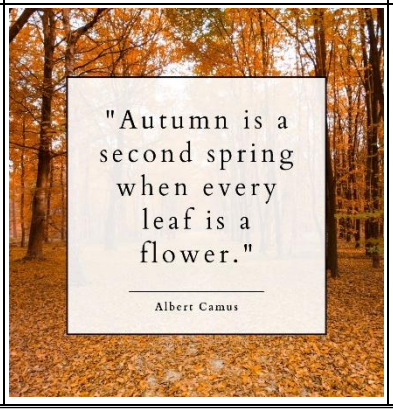
November 2026

Hempstead Senior Community Service Center
24 Clinton C Boone Place, Hempstead, NY 11550
516-565-1568

Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Lunch 12:45 – 1:45 Line Dancing w/ Amy 2:00 Bus Leaves	3 **WE ARE CLOSED** 	4 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 12:45 – 1:45 Exercise w/ Robin 2:00 Bus Leaves	5 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:45 Line Dancing w/ Amy 11:45 Announcements 12:00 Lunch 12:45- 1:45 Exercise w/ Lydia 2:00 Bus Leaves	**AUCTION TIME** **W/SITE COUNCIL** 6 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:30 Volunteer Program AHRC Nassau 11:00 Exercise w/ Sandra 12:00 Lunch 1:00- 2:00 –Auctioning House Goods Time! 2:00 Bus Leaves
9 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Lunch 12:45 – 1:45 Line Dancing w/ Amy 2:00 Bus Leaves	10 10:00 Social Hour, Coffee, Rummikub & Dominoes games 11:00 Chorus w/ Frank 12:00 Lunch 12:45 Announcements 1:00 – 2:00 Music & Moving w/ Sandra 2:00 Bus Leaves	11 **WE ARE CLOSED** 	SHEILA'S ARTS & CRAFTS 12 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:45 Line Dancing w/ Amy 11:45 Announcements 12:00 Lunch 12:30- 2:00 Arts & Crafts w/ Sheila 2:00 Bus Leaves	 13 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:30 Volunteer Program AHRC Nassau 11:00 Exercise w/ Sandra 12:00 Lunch 1:00 – 2:00 Pajama Day Contest 2:00 Bus Leaves
 16 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Lunch 1:00- 2:00 Bingo with Denise sponsored by Lynbrook Restorative Nursing 2:00 Bus Leaves	17 10:00 Social Hour, Coffee, Rummikub & Dominoes games 11:00 Chorus w/ Frank 12:00 Lunch 12:45 Announcements 1:00 – 2:00 Music & Moving w/ Sheila 2:00 Bus Leaves	Health Screening with Mrs. Phyllis 18 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:00 – 12:00 Health Screening 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 12:45 – 1:45 Exercise w/ Robin 2:00 Bus Leaves	Thanksgiving with Roslyn Senior Center 19 10:00 Social Hour, Cards, Games and Coffee 10:45 Yoga w/ Connie 12:00 Lunch 12:30 Celebrating Our Thanksgiving with DJ Chris at Senior Center friends! 	 20 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:30 Volunteer Program AHRC Nassau 11:00 Exercise w/ Sandra 12:00 Lunch 12:30 -1:00 Birthdays Celebrations 1:00- 2:00 Celebrating our Hempstead Senior Center's men 2:00 Bus Leaves

Monday	Tuesday	Wednesday	Thursday	Friday
23 **Our Thanksgiving Lunch** 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Thanksgiving Lunch 12:45 – 1:45 Line Dancing w/ Amy 2:00 Bus Leaves	24 **Thanksgiving Celebration with Singer MORE** 10:00 Social Hour, Coffee, Rummikub & Dominoes games 11:00 Chorus w/ Frank 12:00 Lunch 12:30 – 2:00 Thanksgiving Celebration with Singer "MORE" through the sponsors Howard Newman, Aetna & Home Care	25 **CORNELL** 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:15 CORNELL "Nutrition Facts Labels" 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 12:45 – 1:45 Exercise w/ Robin 2:00 Bus Leaves	26 **ARE CLOSED** 	27 **ARE CLOSED** BE GRATEFUL BE THANKFUL YOU ARE BLESSED
30 **SITE COUNCIL** 10:00 Social Hour, Coffee, Rummikub & Dominoes games 10:30- 10:45 10:00-10:30 Site Council 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Lunch 12:45 – 1:45 Line Dancing w/ Amy 2:00 Bus Leaves		*On Behalf of the Hempstead Senior Center Staff, we would like to extend our heartfelt wishes for a healthy, happy and peaceful Thanksgiving season*		**Wishing you the best years to come to all our November BIRTHDAYS** 

BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Area Served:
Garden City, Hempstead, Lakeview, Uniondale

Hours of Operation: **8:30- 4:00 PM**

Meals suggested contribution: **$3.00**

Transportation suggested contribution: **$1.00**

Exercise suggested contribution: **$2.00**

Site Council Meeting: **11/30/26**

Birthdays Celebration: **11/20/26**

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.