November 2026

Herricks Senior Community Service Center
999 Herricks Rd, New Hyde Park, NY 11040
(516) 305-8976

Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Adelphi Nursing students** **9:15 Line Dancing w/ Amy** 11:30 Lunch Hot: Pot Roast w/gravy Cold: Egg Salad on Wheat 12:45 **Arthritis Exercise/Barrie**	3 **OPEN Election Day OPEN** **9:15 Aerobics w/ Doris** **10:30 Bingo** 11:30 Lunch Hot: Veggie Burger Cold: Tuna salad on Rye **12-2 Art w/Sophia** **12:45 Chair Yoga w/Connie**	4 **Program Closed**	5 **Program Closed**	6 **10:00 Chair Yoga&More/Connie** **11:45 Music w/the Duo** 11:30 Lunch Hot: Chicken Picatta Cold: Seafood Salad on Tortilla **12:45 Tai Chi w/ Joe**
9 **Adelphi Nursing students** **9:15 Line Dancing w/ Amy** **11:45 Music w/Tom Jones** 11:30 Lunch Hot: Breaded Fish w/tartar sauce Cold: Ham and Cheese on Rye 12:45 **NO Arthritis Exercise NO**	10 **9:15 Aerobics w/ Doris** **10:30 Bingo** 11:30 Lunch Hot: Beef Tacos Cold: Seafood Salad on Tortilla **12-2 Art w/Sophia** **12:45 Chair Yoga w/Connie**	11 **Program Closed**	12 **Program Closed**	13 **10:00 Chair Yoga&More/Connie** **11:45 Music w/Laurie** **11:00 Cornell Coop Nutrition Khy Ee** 11:30 Lunch Hot: Spaghetti and meatballs Cold: Tuna Salad on Rye **12:45 Tai Chi w/ Joe**
16 **Adelphi Nursing students** **9:15 Line Dancing w/ Amy** 11:30 Lunch Hot: Chicken Fricassee Cold: Tuna Salad on Tortilla 12:45 **NO Arthritis Exercise NO**	17 **9:15 Aerobics w/ Doris** **10:30 Bingo** **Music w/ Warren** 11:30 Lunch Hot: Frittata w/Spinach Cold: Turkey and Swiss on Rye **12-2 NO Art w/Sophia NO** **12:45 Chair Yoga w/Connie**	18 **Program Closed**	19 **Program Closed**	20 **10:00 Chair Yoga&More/Connie** **11:45 Happy B'Day Music w/Karl Klippel** 11:30 Lunch Hot: Meatloaf w/gravy Cold: Chicken Salad on Tortilla **12:45 Tai Chi w/ Joe**

Monday	Tuesday	Wednesday	Thursday	Friday
23 **HAPPY THANKSGIVING** **Adelphi Nursing students** **9:15 Line Dancing w/ Amy** Hot: Roast Turkey w/gravy Cold: Seafood Salad on Tortilla 12:30 Site council Mtg 12:45 **Arthritis Exercise/Barrie**	24 **9:15 Aerobics w/ Doris** **10:30 Bingo** 11:30 Lunch Hot: Sloppy Joes Cold: Ham and Cheese on Rye **12-2 Art w/Sophia** **12:45 Chair Yoga w/Connie**	25 **Program Closed**	26 **HAPPY THANKSGIVING** **Program Closed** 	27 **HAPPY THANKSGIVING** **Program Closed** 
30 **Adelphi Nursing students** **9:15 Line Dancing w/ Amy** **10:15 Herricks Singers w/ Frank** 11:30 Lunch Hot: Chicken Marinara Cold: Egg Salad on Wheat 12:45 **Arthritis Exercise/Barrie**		Frank, Angela, Lynn, Kim and Joyce WELCOME YOU to Herricks Senior Center View calendar and menu at www.herricks.org/scsc scroll down to Senior Community Service Center		

BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Area Served: Albertson, East Williston, Garden City Park, Herricks, Mineola, New Hyde Park, Roslyn Heights, Searingtown, Williston Park

WELCOME TO HERRICKS SCSC!! ENTER Door #10 on TALBOT ST. Ring the doorbell on brick wall to the left of Door #10. We are nondenominational, open to seniors (60+) residing in Nassau County**. HOURS of Program: Monday, Tuesday, Friday 9:00-2:00. Staff 9-3**

LUNCH: **$3.00 suggested contribution** each meal. Avoid the waitlist by registering for lunch 4-5 days in advance either in person or by calling 305-8976. Vegetarian meals available upon advanced request.

EXERCISE/CREATIVE CLASSES: **$2.00 suggested contribution** each class.

TRANSPORTATION: **$2.00 suggested contribution** ROUND TRIP from home to center from Albertson, Williston Park, East Williston, Garden City Park, Mineola, New Hyde Park, Searingtown & Roslyn

Birthday Celebration November 20th, Site Council Meeting November 23rd

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.