Saturday, November 28, 2026

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

L.I. Aquatic Club:	6 am-8 am = Lanes 1-10
Bellmore-Merrick HS:	8 am-9:30 am = Lanes 7-10 & dive boards (DL 7-8)
Manhasset HS:	9 am-10:30 am = Lanes 3-6
Hope Fitness:	9 am-12 pm = 1/3 of shallow section
Wantagh HS:	9:30 am-11 am = Lanes 8-10 & dive boards (10-11a, DL 7-8)
Long Island Diving:	12 pm-3 pm = 1 & 3 meter dive boards
High Dive Champions:	*No practice today*

Dive Lane 10	2 BULKHEADS	LANE 10	1 BULKHEAD	PUBLIC LANE #1	PUBLIC LANE #2	PUBLIC LANE #3	PUBLIC LANE #4	PUBLIC LANE #5	MOVEABLE FLOOR SECTION
Dive Lane 9		LANE 9							
Dive Lane 8		LANE 8							
Dive Lane 7		LANE 7							
Dive Lane 6		LANE 6							
Dive Lane 5		LANE 5							
Dive Lane 4		LANE 4							
Dive Lane 3		LANE 3							
Dive Lane 2		LANE 2							
Dive Lane 1		LANE 1							

Public/Member swim lane availability:

6 am-8 am = **15 lanes available** (Dive lanes 1-10 & 5 public lanes available)
8 am-9 am = **16 lanes available** (Lanes 1-5, DL 1-6 & 5 public lanes available)
9 am-9:30 am = **13 lanes available** (Lanes 1-2, DL 1-6 & 5 public lanes available)
9:30 am-10:30 am = **14 lanes available** (Lanes 1-2, 7, DL 1-6 & 5 public lanes available)
10:30 am-11 am= **18 lanes available** (Lanes 1-7, DL 1-6 & 5 public lanes available)
11 am-11:30 am= **25 lanes available** (Lanes 1-10, DL 1-10 & 5 public lanes available)

Note: The dive lanes will be switched to three 25m lanes running north-south (from a 25 yd east-west setup) at 11:30 am

11:30 am-12 pm = **15 lanes available** (Lanes 1-10 & 5 public lanes available)
12 pm-6 pm = **18 lanes available** (Lanes 1-10, DL 1-3 & 5 public lanes available)

All times, availability and lane assignments are subject to change.